

# CHECKLIST QUESTIONS TO ASK YOUR GYNECOLOGIST

- ☐ How often should I schedule appointments for a check up?
- ☐ Do I need to have a pap smear every year?
- ☐ How do I perform a breast self-exam? Is it necessary?
- ☐ When should I get my first mammogram?
- ☐ What tests and screenings do I need to have each year?
- ☐ How often should I be tested for Sexually Transmitted Diseases (STDs)?
- ☐ What questions should I ask my partner before sexual intercourse?
- ☐ What types of contraceptives are available to me?
- ☐ What do I need to know about fertility?
- ☐ What preventative measures can I take to maintain/improve my sexual/reproductive health?
- ☐ Am I at risk for reproductive issues?
- ☐ Do I need to worry about menopause?
- ☐ Add your own questions:

---

---

---

---

---

---

If you are experiencing any itching, burning or vaginal soreness, you may have a yeast infection. If this is your first one, contact your doctor to determine whether you need to schedule an office visit, or whether you can use an over-the-counter remedy such as MONISTAT®.

MONISTAT®

